



CORPORATE | SPORTS | WEDDINGS
BIRTHDAYS | BBQ | STAFF DAYS



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WHO WE WORK WITH

Rocksalt CATERING

At Rocksalt Catering we want to try and take the stress away from our customers arranging their special events.

Whether it's lunch at the office, corporate events, parties at home or weddings, Rocksalt caters for all occasions.

We offer an extensive menu to cater for all taste buds, from amazing breakfast platters, gourmet sandwiches and delicious hot food, to a scrumptious selection of canapes and treats.

Our passionate team of chefs are here to ensure your catering stands out and provides the ultimate "Eating in Experience". From Freshly prepared locally sourced dishes to professional service with a smile. Our team is on hand to make your day special. What ever the occasion is, make it perfect with Rocksalt Catering.



CORPORATE AND HOME CELEBRATIONS

- A) Breakfast
- B) Lunch
- C) Hot & Cold Buffet
- D) Platters & Boards



A. Breakfast

Rocksalt Breakfast Pots

€5 per pot

Overnight Oats

Chia and Yogurt Granola Pots

Rocksalt Infamous Brunch Boxes

€35 per box

(Suitable for 3 / 4 adults)

2x Chocolate Croissants

2x Butter Croissants

2x Cinnamon Swirls

2x Pork & Chilli Sausage Rolls

2x Vegan Sausage Rolls

American Style Pancakes

Mix Fruit Platter

Selection of Dips

A supplement for mix fruit platter - €10.00

Full Irish Breakfast €13.50 per person

Sausages, Bacon, Mushrooms, Beans, Eggs, Toast, Black & White Pudding and Tomatoes

Vegetarian full Irish Breakfast €12.50 per person

For all the flavour, sans meat. Avocado, Beetroot Hummus, Grilled Tomato, Sweet Potato Rosti, Wilted Greens, Mushrooms, Diced Red Pepper, Mixed Beans in Homemade Tomato Sauce, Eggs and Sourdough Toast.

Seasonal Fruit Platter €45 (suitable for 6 / 8 adults)

A Large mix platter of the Freshest & Sweetest in-season Fruit



Rocksalt Pancake Platter

- €35 per platter (suitable for 3 / 4 adults)
- 10 portions American Style
- Mix Fruit Platter
- Selection of Dips

Rocksalt Smoothie Platter & Fruit Skewers

- €40.00 per platter (Suitable for 8/10 adults)
- Rocksalt Fruit Skewers/Treat Platter



D. Platters and Boards

Charcuterie Board Rocksalt-Style

€45.00 per platter (Suitable for 3 / 4 people)

Treat Platter

€25.00 per platter (Suitable for 3 / 4 people)

Vegan Treat Bowl €15

€15 (Suitable for 1 person)



B. Lunch

Selection of Sandwiches

Sandwich platter for 10 people from €55.00 , this will be a mix of white/ brown bread, sourdough or wraps

Chicken Caesar Salad Wrap

Chicken, parmesan, mixed lettuce, anchovy dressing

Ham and Swiss Cheese

Honey baked ham, brie, tomato on a roasted tomato ciabatta

Falafel Wrap

Homemade Falafel served with red cabbage slaw, roast tomatoes, & rocket topped

Mixed Salad Sandwich

Goats cheese, apple, pesto & rocket served on a bagel or ciabatta bread

Chicken Stuffing Sandwich

Marinated chicken breast, homemade stuffing, mayo & lollo rosso.

Homemade Soup - €4.00 per person

Freshly made homemade soup of the day using fresh produce



C. Hot Buffet

€15.50 per person

Please select one hot dish and a salad. Our Chef will match one of our sides to accompany your dish

Minimum numbers apply

Homemade Hot Dishes

Tandoori Marinated Haddock with Basmati Rice & Fennel
Festive Honey & Cinnamon Nut Roast
Soul Warming Stuffed Pepper Chilli Con Carne
Locally Sourced Chicken Fillets prepared in a Homemade Medium
Spiced Traditional Style Curry Sauce
Tender Irish Beef in a Classic & Creamy Stroganoff Sauce
Texan Style Slow-Cooked chilli Con Carne
Locally Sourced Irish Beef Lasagne or Irish Seasonal Veggie Lasagne
Fire Cracker Beef Hot Pot
Beef or Lamb Tagine with Raita, Wild Rice or Roasted Garlic
Rosemary New Potatoes
3 Bean Chicken Curry with Wild Rice & Cabbage Slaw (Chicken optional)
Falafel or Beef Burrito Bowl
Beef Bourguignon with whole Roast Baby Potatoes and French Beans
Mediterranean Vegetable & Orzo Pasta Bake with a crispy crumb topping

RockSalt Salads

Couscous Salad

Pomegranate, Coole Farm mixed leaf, spinach, couscous, beetroot, orange, cabbage, pickled onion, feta

Mixed Green Salad

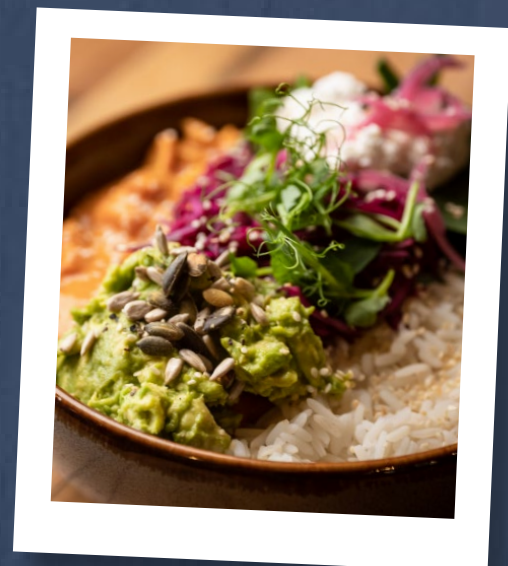
Fennel Cucumber & Spring Onion Salad

Pesto Salad

Sundried Tomato, Pine Nuts, Garlic, Pasta

Broccoli Salad

Broccoli, Cranberry & Mixed Seeds



c. Cold Buffet

€12.50 per person

Please select one salad option. Each item will arrive individually wrapped so each individual can assemble themselves.

Minimum numbers apply

Caesar Salad

Salad Base: Cos Lettuce & Cherry Tomato

Side Options:

Chicken

Bacon

Croutons

Parmesan

Caesar Dressing

Salad Nicoise

Salad Base: Red Onion, Mixed Green Leaves, Green Beans, Baby Potatoes

Side Options:

Tuna

Olives

Tomato

Eggs

Dressing

Cous-Cous Salad

Salad Base: Cous-Cous, Garden Leaves, Broccoli, Peppers

Side Options:

Chicken

Tuna

Lentil & Black Bean Mix

Cranberry Dressing

Mixed Leaf Salad

Salad Base: Mixed Salad Leaves, Pomegranate, Apple, Fennel Slaw

Side Options:

Orange Segment

Pickled Onion

Red Pepper Relish

Feta Cheese

Homemade Dressing



*All salads arrive plated and wrapped, with only the base of each so that each individual can dress and add extra items as desired

Finger Food - €12 per person

Choose 3 items below

Minimum numbers apply

Chicken Goujons
Cocktail Sausages
Wraps
Wedges
Sausage Rolls
Mini Sliders
Mini Hot dogs
Wings
Arancini



*Vegan and Gluten free options available upon request

Canapes

Choose any 3 - €9.50 per person

Choose any 4 - €12.50 per person

Choose any 5 - €15.50 per person

Minimum number apply

Mini Cheese Caesar Bites

Goats Cheese, Date, Pecan & Mint

Heirloom Tomato Bruschetta with Feta Cheese

Tiger Prawn Cocktail with Avocado & Mango Salsa

Grape & Goats Cheese Balls rolled in Roasted Pistachio & Crispy Pancetta

Smoked Salmon Nori & Mooli Caviar Sea Lettuce

Spiced Tomato Marinated Mussels with a Pineapple Salsa

Duck Liver Parfait on Brioche Bread & Cranberry Jam & Orange Zest

Chicken Satay Skewers

Goat's Cheese and Onion Tart

Stuffed Poblano Pepper



BESPOKE WEDDINGS

Here at Rocksalt we want to help to take the stress away from planning your perfect day! With over 20 years of Hospitality and Event management we can help you in any food aspects of your event and tailor it to your needs.

Our passionate team of chefs are here to ensure your catering stands out. From freshly prepared locally sourced dishes to professional service with a smile, our team is on hand to make your day special.

COFFEE AND TREATS

BRIDAL PARTY BREAKFAST

CANAPES

WEDDING BUFFET / PLATED MEAL



THE FOOD TRUCK

Take your home or event catering to the next level with Rocksalts 1960's Restored Citroen HY Food Truck. Our Food Truck "Rocky" comes fully equipped and is perfect for large parties, weddings, events or social gatherings.

Our food offerings range from coffee & treats to casual street food or canapes.



ROCKSALT 22'



MENU

Pulled Pork
Build Your Own Tacos
Fish & Chips
Street Food options

Gourmet Burger Range
Wings
Ribs
Skewers

SPORTS AND LEISURE

At Rocksalt Catering, we are specialists in tailoring meals to your specific needs. We can offer a Range of prepacked meals Hot or cold. Alternatively, We can set up a buffet for you after any sporting event.

Menu Teaser

PLEASE CONTACT US FOR MORE OPTIONS

Low Carb

DISH	CALORIES	CARB	FAT	PROTEIN
Glazed Salmon with Cauliflower Rice	545	23.4g	12g	36g
Garlic Chicken Stir Fry with Whole Wheat Noodles	560	37.7g	15.5g	45g

High Carb

DISH	CALORIES	CARB	FAT	PROTEIN
Chicken Enchilada Bowl	872	80g	13.5g	45g
Chicken Chasseur with Wild Rice & Broccoli	873	90g	10.3g	40g

At Rocksalt Catering, we are specialists in tailoring meals to your specific needs

All Macro & Nutrients are broken down on each meal

Made Fresh, consumed within 24 hours

Extensive Library of High & Low Carbohydrate meals.



OUR RESTAURANTS

Blackrock

At Rocksalt Blackrock, we create a friendly, welcoming and intimate atmosphere making it a perfect spot to hire for an evening events or special occasions you may have. Enjoy one of our menus tailored for your needs while overlooking the beautiful seaside village of Blackrock.



Dundalk

At Rocksalt Dundalk, located on Earl Street, we have a fantastic venue for evening events with over 90 seats in this unique print house. If you would like to hire out the restaurant for any evening occasion, please contact us directly.

8. Who We Work With...



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Plus Many More...



Catering@RocksaltCafe.ie

www.RocksaltCafe.ie

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